



*The Perfect
Prescription*

DR. MAXINE CHI CHI OKAFOR

**DNP, PMHNP-BC, FNP-C, APRN, MSN
CEO & Founder of The Perfect Prescription**

Dr. Okafor understood the intrinsic call of her spirit and the unquenchable desire to help, serve, and heal others. This aspiration drove her to pursue an education in the medical profession where she strived towards excellence. She devotedly collected her Bachelors of Science in Nursing degree in 2012, followed by a Masters of Science degree and license as a Family Nurse Practitioner in 2017. With a rising fervor, Dr. O went on to further her studies and obtained a second Masters of Science degree and license as a Psychiatric Mental Health Nurse Practitioner degree in 2019; and finished with her Doctorate in Nursing Practice degree at the end of 2020.

Dr. Okafor compassionately treats every patient with the utmost regard, honoring their unique physical, mental, and spiritual needs - no matter how diverse it may be. Fueled by an insatiable curiosity, she traversed the globe to uncover forgotten healing modalities. Dr. O's innovative practice brilliantly fused holistic, complementary, integrative and western medicine for a timeless approach.

She didn't stop there – as an IFBB pro, she added a physical component to the well-being of her patients, pushing them closer to their goals.

To many of her patients, she is known simply as 'Dr. O', a name that carries with it all the warmth and compassion she brings to every interaction. Her caring approach has seen her work in almost every area of healthcare, empowering clients to take back control of their lives and strive for remission without sacrificing quality of life.



SERVICES



Treatment Approaches

Christian Counseling, Cognitive Behavioral (CBT), Holistic Approaches, Hormone Replacement, Integrative, IV Nutrition Replacement, Medication Management, Motivational Interviewing, Narrative, Nutrition Plans, Psychological Testing and, Evaluation, Training Plans, Supplements

MEDICATION MANAGEMENT

Medication management involves an initial consultation 60 minute appointment with Dr. Okafor. With Dr.O's help, you will create a plan to get you back to feeling like yourself. Medication may or may not be prescribed during your consultation appointment (s). You will then have a 30min follow up each month. This also includes our Ketamine treatments.

HOLISTIC APPROACHES

A holistic approach means providing support that looks at the whole person, not just their mental health needs. The Perfect Rx considers your physical, emotional, social, and spiritual wellbeing.

Testosterone & Hormone Replacement Therapy

Dr. O offers both Testosterone Replacement Therapy (TRT) for men and Hormone Replacement Therapy (HRT) for women. The aim of replacement therapy is to improve symptoms and signs associated with both testosterone and estrogen deficiency. Unsure if you need TRT / HRT take our assessment today.



INSURANCE

Anthem
Aetna
Blue Cross & BlueShield
Cigna and Evernorth
Optum
United Healthcare
Oscar Health
Oxford



PRICING



Therapy Appointments
Initial: \$300
Follow Up: \$150

Book an appointment today!
Call the office: 323-568-1700

Book an appointment online:
Practice.kareo.com/theperfectrx

www.theperfectrx.com

